

Isle of Wight Clinical Commissioning Group Position Statement Gluten Free Foods

On the 24th May 2018, the Isle of Wight Clinical Commissioning Group (IOWCCG) Governance Body reconsidered the CCG's current position on prescribing Gluten Free foods, and considered the option to retain access to gluten free breads and flour mixes on prescription as per the advice from the Department of Health and Social Care in England (March 2017).

The Governance Committee's decision was unanimous for the CCG to maintain the current position regarding the prescribing of gluten free foods on prescription:

The CCG will continue to provide a specified amount of gluten free bread and flour on prescription for the small number of coeliac patients who have:

- 1. Confirmed clinical diagnosis of coeliac disease**
- 2. Assessment by the IOW NHS dietetic service**
- 3. Demonstrate clinical exceptionality**
- 4. Approved for prescribing via the Individual Funding Request (IFR) process (South West and Central Commissioning Support Unit (SWCCSU) process).**

To arrange an appointment with the IOW Paediatric Dietitian for assessment and advice, please telephone 534790 / e-mail iow.dietetics@nhs.net, or use the referral form on SystemOne.

Dietetic advice may be useful for the patient/family to adjust to a gluten free lifestyle as there are many naturally occurring gluten free foods available. The coeliac UK website (coeliac.org.uk) provides help, advice and dietary alternatives. We have a community dietitian based with the MOT who can provide some advice and support iwccq.mot@nhs.net

To be eligible for an IFR application, the patient needs to be able to demonstrate clinical exceptionality i.e. multiple co-morbidities that support the need for basic gluten free food to be prescribed via FP10. The IOW dietitian will be able to advise if the patient meets the exceptionality criteria due to other co-morbidities.